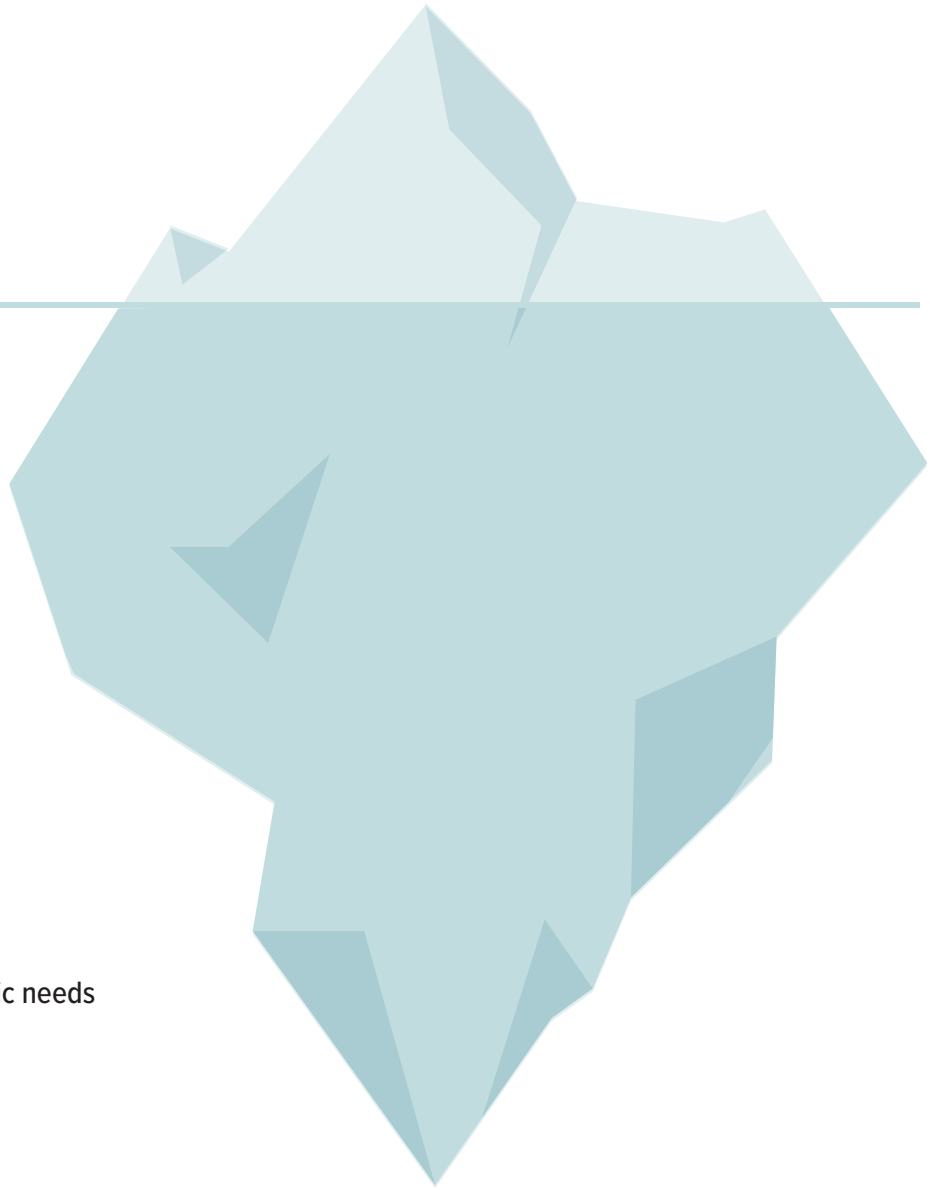
The ADHD Iceberg: Visible vs. Invisible Symptoms

What You See

- Impulsive behaviors
- Fidgeting
- Concentration issues
- Getting distracted
- Running late
- Forgetting things



What You Don't See

- Challenges focusing
- Executive dysfunction
- Emotional dysregulation
- Relationship challenges
- Mood shifts
- Poor time management
- Poor memory
- Sleep issues
- Forgetting to take care of basic needs
- Information processing issues