

Tips to Navigate Insurance Coverage for GLP-1 Medication



Call the insurance provider to check which types of GLP-1 medications and formulations the plan covers.



Make sure the doctor prescribes a medication that's covered by insurance.



Verify whether the insurance provider has placed quantity limits that restrict coverage. For example, if coverage only applies to a 30-day supply at once, the prescription amount should not be for a 90-day supply.



Have a doctor write down why the prescription is necessary in case the insurance provider requires prior authorization or justification.



Contact the insurance provider to see whether they have preferred pharmacy networks, which offer higher coverage and lower out-of-pocket costs.