

Questions to Ask a Doctor About GLP-1 Medications

Glucagon-like peptide-1 receptor agonists, or GLP-1s, are a class of medications that are commonly used to treat type 2 diabetes. Curious about this treatment but don't know how to bring it up with a doctor? Here's a checklist of questions to help start the conversation.

CHECKLIST	
☐	Am I a candidate for a GLP-1 medication? Why or why not?
☐	Would a GLP-1 medication work with my current treatment plan?
☐	What are the benefits of taking a GLP-1 medication?
☐	What are the side effects and drawbacks?
☐	Are there any special instructions or precautions I should know about?
☐	What types of follow-up appointments or tests are necessary for adding a GLP-1 medication?
☐	Which GLP-1 medication would make the most sense for me?
☐	Are GLP-1 medications covered by my health insurance?
☐	Is there anything else I should know about GLP-1 medications and how they can affect my health?