A Checklist to Prepare for Alzheimer's Disease

It's never too early to plan for your future when you have Alzheimer's disease (AD). Here's a checklist to help you and your loved ones prepare.

	CHECKLIST
☐	Create a care plan with your doctor. Find out which medications and treatment options might be best for your situation.
☐	Make a financial plan. How much will your medical care cost annually? When may you and/or someone in your family need to stop working? Which health insurance plan will offer the best coverage for your condition?
☐	Enroll in health insurance that covers the medications and treatments you may need.
☐	Look into signing up for disability insurance. This is something an employer may offer.
☐	Designate someone to hold your power of attorney. Who will have the authority to make health, financial, and legal decisions for you when you can no longer make them?
☐	Find a support group for people with AD and their caregivers and loop in your friends and family members.